Following the presentation on "How can sustainable mobility can change your life and your city", here are some key messages addressed during the presentation and the discussion:

- European cities have a high potential to increase their cycling modal share, including Brussels.
- For decades, cities have been designed for cars and without saying that 100% of trips should be made by bike, cities should be designed to promote sustainable means of transportations as cycling, walking and public transport.
- Well-designed cycling infrastructure allows all kinds of people to use a bike daily and all year long, it's what the study of Copenhagen demonstrates.
- Bicycles are an efficient tool to transform cities and positively impact mobility, but also health, air pollution, air noise, and quality of life.
- User behavior: to make car drivers reduce their speed when driving, education of people and modification of the streetscape are both equality important.

To finish, in line with the European policy on environment, European employees could show exemplarity and the European district in Brussels could keep on being redesigned to make even more space for people instead of cars.

